Guide To A Happy Life In The Digital Age
with its unprecedented challenges
& miraculous opportunities

by Liping Feng, Ph.D.
www.BreathingHappiness.com
Email: info@BreathingHappiness.com

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Enjoy the greatest adventure
a human being can be engaged in:
to be part of the emergence
of a new consciousness.

Eckhart Tolle
What is The Digital Age?

The term Digital Age refers to the paradigm shift that many researchers and spiritual visionaries have been discussing for the past few decades (and centuries). Economists, sociologists and business communities use various names for this new era, where we are facing unprecedented changes due to technological advancement, a globalized economy, migration, and radical shifts in human relationships, etc. The name can vary from "information age," "communication age," "digital age," "social era" or simply "web 2.0, 3.0, etc." Among spiritual visionaries, it is referred to as the "New Age," "Aquarian Age," "Return of the Feminine," "Golden Age" ... and so on.

Whatever you call it, one thing is for sure, and most likely you experience it every day: it's a fundamental shift in the way we work, connect and live. Due to this
shift, many old ways of doing things simply won't apply any more, and new ways are being explored.

“In times of turbulence the biggest danger is to act with yesterday's logic”

Peter Drucker

In this ebook, you'll learn:

1 - the 7 new trends of the Digital Age that will bring radical changes to every area of our lives
2 - the 7 skill-sets you need to develop to meet the challenges and enjoy the benefits of the Digital Age
3 - 7 potential benefits the Digital Age offers you
4 - the self-assessment tool you can use to pin-point what you need to pick up, and what to let go of in order to move onto the next level of your happiness and success
5 - 3 real life stories (case studies) that illustrates the dramatic changes we can all potentially encounter in the near future for better or for worse

I have many more stories to tell you, but will stop here for time reasons. For weekly updates, please sign up and read my weekly blog-article at www.BreathingHappiness.com.
Unlike any other period in human history, the Digital Age brings in a series of unprecedented situations or phenomena that humans have never faced before. Here's a list:

- **radical transformational change as opposed to traditional incremental change:** lead by technological advancement, change no longer takes place in the traditional gradual planned scheduled incremental ways; it is taking place at exponential rate (that is increasingly rapid rate), bringing radical dramatic transformations in the way we work, connect, relax, etc. That's why this is a period of great uncertainty.

- **virtualization and de-materialization:** everything is being virtualized, moved onto cyber space and having a life online. What used to be a solid 3-D product, service...
or activity, now can be completely virtual (e.g. mail becomes email; book becomes ebook; a course becomes an e-course, etc.) In addition, things are getting smaller and smaller (e.g. old bulky computers, now laptop, tablet, smart phones, watches, glasses, etc.)

- **augmented reality**: human senses and sense experiences are being increasingly "augmented" with smart devices (phones, tablets, watches, glasses).

- **augmented human senses**: they are being stimulated and used in "augmented" ways (e.g. the visual revolution: the massive increase in our visual experiences due to ubiquitous digital cameras and constant sharing on social media. Every moment in your life can get a snapshot or videotaped, recorded, etc.)

- **"intelligent things:"** things are becoming intelligent. Insert a computer chip in any "thing," and it becomes "intelligent," capable of being programmed for tasks, such as collecting data, giving feed-back, etc. (e.g. soil can be made intelligent with sensor chips buried in there, so that you can collect information about the temperature, moisture, etc.)

- **increasing transparency**: in our personal lives as well as in organizations, what used to be private, personal, secret, protected or hidden is increasingly becoming open public information that is searchable, sharable, collectible, etc.

- **a portable world at your finger tips**: the world is getting smaller, so small that it can fit into your palm, in the form of a smart phone or smart watch which you can carry wherever you go. The "world" is now in your living room, in your bedroom, in your bathroom, ... Everything
you want to know, to learn and experience is just a click away. You are the world, literally.

These are commonly recognized change patterns in the Digital Age, which has just begun. The much anticipated 2012 was a symbol for the radical transformations humans are facing. But looking at what's going on in the world, in the fast advancing technology and social media, you can probably see that more is coming. Much more. For example, robots, or what they call "intelligent electronic agents," 3-D printing, 3-D Browser, etc.

"Fortune favors the prepared mind."
Louis Pasteur
What Does All The Digital Age Transformation Mean To You And Your Loved Ones?

Now what does all this radical change mean to you, your personal daily living experience? How would you be able to benefit from these radical changes and not get stranded in the midst? How to minimize the negative and maximize the positive side of change? That's what you want, right?

So far as I can tell, this is as much a spiritual evolution for humans as technological advancement. The radical transformations we are experiencing were predicted and awaited for by many wise men/women of different spiritual traditions: from master yogis in the East to Kabbalists in the West. And their predictions, some of which were made thousands of years ago, are not far off.

By bringing together wisdom traditions, current scientific developments and fast advancing technology, we can see with much greater clarity what we need to do for ourselves and for humanity.
I think each of us who are living on Earth at this turning point in human history came here for a purpose. We want to make a difference. We've seen the corrupt old ways that led humans to destruction, and that were not sustainable on this planet. We see the need to change. And now it is our turn to be the change, and make this place a world of Love, Peace and Light, a place that is fit for our children and their children ...

I can hear you say: "but I hardly have any clue as to how to live my own life in these confusing times, how can I change the world?"

Well, from my own experience, it's the other way around. When we look at our own individual lives, things are chaotic and confusing, because they are changing at a global scale, involving so many organizations, nations, people, robots, technology, etc. There is no way we as individuals can figure out and understand all of that.

"Everything is alive; everything is interconnected."
Cicero

However, if we look at the larger global picture first, things clear up: what is no longer sustainable and therefore must be changed, and what is sustainable and must be further developed. Looking at the world as a
whole, it's pretty clear, isn't it that some trends are irreversible.

For example, we are all interconnected, at least by the "web," which resembles the web of life. We are connected to each other and to the Earth. The daily wellbeing of each of us depends on this interconnection. Everything we do now has a larger-than-local impact. Your photo or quote can go viral without your intention or awareness. Anyone can start a facebook page or twitter account if they want, and start a world-wide campaign on any topic they are interested in.

Our increasingly interconnected oneness is a trend, in other words. Living in isolation, in our own little "village" is no longer sustainable. New ways of thinking, feeling, working and living are being formed, such as compassion, caring for each other, helping each other...

What I am saying is: if you want to benefit from all the resources that the Digital Age is offering, you need to look at the large picture, taking into account that this world is your home, this planet your garden, and humanity your family.

Dream Big
Start Small
Act Now

Robin Sharma
Two years ago I interviewed more than 30 women who have undergone radical changes in their lives. The purpose of my research was to understand what was the reoccurring theme in their lives, what blockages people were facing, and how they found the opportunities in challenging situations and broke through to the next level of happiness and success.

From my research and working with clients, I have distilled 7 basic skill-sets that are necessary for us to navigate the next phase of transformation. I've collected my interviews to illustrate how these 7 skill-sets work in real life situations, and am donating the two volumes to charitable organizations that will help women. Meanwhile, here's the chart, and you can use it as a checklist to see where you need to take action in order to make the best out of the Digital Age.
#1 - Spiritual Skills/Intelligence:
The ability to connect with the Source, your own Great Spirit, through meditation, prayer, intuitive communion, etc. Many times, these are the skills that string all the other skills together into a meaningful whole. Without these, other skills, no matter how well developed, can lead to a sense of meaninglessness and chaos.

#2 - Mental Emotional Skills/Intelligence:
The ability to self regulate one’s mental-emotional climate, manage fear-based and anger-based challenges as well as other negative states.

#3 - Communicative or Social Skills/Intelligence
The ability to express oneself, and communicate with others through words, body language, arts and music, etc.

#4 - Self-healing Skills/Intelligence:
The ability to detect and prevent illnesses or physical degeneration at an early stage, and to heal oneself. The ability to seek proper treatment, and recover from an illness, if it has developed into more advanced stage.

#5 - Material & Financial Skills/Intelligence:
The ability to provide for oneself and loved ones on the material level.

#6 - Life Purpose Skills/Intelligence:
The ability to seek, find and follow through one’s life purpose without being deterred by challenging situations.

#7 - Learning or Cognitive Skills/Intelligence:
The ability to study and learn in order to enhance one’s happiness or success.

Please continue on to the next page for the self assessment form.
# 7 Skill-sets for Happiness & Success in the Information Age

<table>
<thead>
<tr>
<th>Name of the Skill-set (below)</th>
<th>Rate yourself on a scale of 1-10. You can also have a close friend or family member do it for you, and then compare it with your own version.</th>
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<tbody>
<tr>
<td>#1 - Spiritual Skills</td>
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<tr>
<td>The ability to connect with the Source, your own Great Spirit, through meditation, praying, intuitive communion, etc.</td>
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<tr>
<td>#2 - Mental Emotional Skills</td>
<td>1 2 3 4 5 6 7 8 9 10</td>
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<td>#3 - Communicative or Social Skills</td>
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<td>The ability to communicate with other human beings through words, body language, arts and music, etc.</td>
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<td>#4 - Self-healing Skills</td>
<td>1 2 3 4 5 6 7 8 9 10</td>
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<td>The ability to detect and prevent illnesses or physical degeneration at an early stage, and to heal oneself. Also the ability to seek proper treatment, and recover from an illness, if it has developed into more an advanced stage.</td>
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What Are The Potential Positive Benefits The Digital Age Has To Offer?

The Digital Age offers each of us unprecedented opportunities as well as challenges. In positive terms: there are ways to improve your life on all levels. For example, if you look at the upside of the 7 skill-sets, you can get this:

1) You now have opportunities to enhance your spiritual practice, empower yourself with improved connection with the One Spirit and its infinite Love, Peace and Light. Miracles can happen when we restore this connection and repair our trust.

2) You can now move your mental-emotional balance and happiness to a higher level by cleaning up your inner "closets," and taking charge of your mind and heart.

3) You can expand both the quality and the quantity of your communication and connections with others via social media and social technology.

4) You can learn how to heal your own health conditions with lifestyle changes, exercise routines, mind-body medicine, etc., so that you no longer need to rely on the
medical/pharmaceutical industry which is corrupt to the core and does not have your best interest at heart
5) You can promote your financial/material well-being by shedding the things you no longer need and acquiring the things that truly serve you for your highest good
6) By aligning what you do with what you love and what you believe in, you can enjoy your work as much as your play, and give your best to the world. This will in turn feed into your financial and material well-being
7) You can now learn almost any topic with a click. There is an increasing number of open sources for education on all topics.

At this stage we are barely scratching the surface of what is possible for a human mind-body-heart when he/she realizes its power and freedom in Love Peace & Light. As human evolution unfolds in the next few decade, we can expect to see many more miraculous changes. Truly, humanity is stepping into a new era.

Is it going to be easy for us to make the transition to this new era of Love, Peace & Light so that we can all enjoy the freedom and happiness? I don't think anything worthwhile is easy breezy. Just like when we move into a new house in a new location, we have to leave behind many things we can no longer carry or need. But sometimes it is difficult for the current human mind to let go of even the things that are useless and/or harmful.
Three Real Life Stories

As with all opportunities that life brings us, you can do it right, and you can do it wrong, in a thousand ways. Here is a true story from someone I helped a few years ago.

Let's call him John. He was in his mid-50s when I met him. He worked as a contractor security guard in three different companies. He just ended his relationship with a woman who he had been seeing for the past three years, and was very sad. He used my personal energy pattern assessment. Looking through his chart, I found lots of talents and blessings in his life. I told him about them, and he glowed right there, thanking me for "such positive reinforcement." Like most people, he didn't realize he had so many treasures in his own back yard. At the same time, I also told him about his tendency to get into trouble with women.

Soon after our talk he recovered from his breakup, and thanked me again for giving him "positive reinforcement." Now, being single, he had the time and
opportunity to make some improvement in his life. He talked to me about his love for fiction and his hope for starting his own blog. I strongly encouraged him, knowing that if he followed his "bliss," he would break through, and live a much more fulfilling life. I brainstormed with him on what kind of topics he could blog on, etc. He listened with interest, and chuckled ...

Well, his euphoric phase lasted for about a month, and he got used to living "happily" by himself without a relationship, but didn't do anything about the blog idea. I prompted him a few times, and then stopped because I saw no point in mentioning it again: he already got "comfortable" with his life.

Six months later when we met again, he told me in a pensive mood that he recently met a childhood friend on Facebook who was now a dentist with a successful business and a happy family. "We used to play together. His family was right next to ours ..." said he in a confused voice, "I saw the photos of his grown-up daughter, so beautiful ... here I am, a security guard, working by contract, with no family, no kids ..." He kept talking like this for a few weeks, mentioning from time to time: "I made a series of wrong decisions back then ... "
But from my side I still saw his immense talents, experiences and pure blessings. There were good reasons why he, in his mid-50s, didn't have what his friend had: his soul was guiding him onto another path, which could lead to great happiness. I mentioned his "blog" again. No, his mind was completely preoccupied with his friend's dental business, family and his "beautiful daughter" ...

A few weeks later that confusion and regret phase past, and he went back to his old "comfortable" way of life, until one day he got fired from one of his jobs, because of some relationship issues with the women there ... Then, he was fired from another job ... Until he had no work, and one of the companies put his apartment on 24-7 surveillance (with installed cameras) ...

From there I lost contact with him, and don't know what happened to him later on.
Imagine another scenario: if he took the prompt that the Universe gave him through our meeting, paid attention to his relationship with women, focused his energy on what he really love doing, worked on his blogs and social media publications, collaborated with his niece who wanted to stay close to him (he had many other resources going for him at the time ...)

In terms of the 7 skill-sets, he would have expanded his communication network and relationships, updated his internet skills, learning new things (he really wanted to learn more about fiction and psychology). He was relatively healthy, and he had some mysterious connections with the Spirit, because every time he prayed, he got answers. I can imagine that his spiritual skills would also have improved together with his communication network and relationships ...

Unfortunately, that was not the case. So, what do you think would eventually happen 5 or 10 years later? What are the possibilities as he keeps putting off the changes that are necessary to move to his next level? Is it possible for him to "stay where he has always been" in the next 5, 10 and 20 years? Would it be easier for him to make the changes now while he's still healthy and strong, or in another 10 years when he's in his 60s ...
I know this is *not* a positive illustration, but it is a powerful one, because it warns us that if we don't make the effort to move on to a higher level of happiness and success, the negative forces will come in and drag us down.

The next story is different. It's also a client I helped some time ago. Let's call her Jane, in her late 40s. She came to me complaining about years' of depression and feeling worthless. She had worked hard for a post-graduate degree in an excellent university, and had done very well in terms of school work. With her husband's support, she's also done many certificate training programs, and wanted to start her own business. But it got absolutely nowhere. For every project she launched, she seemed to run into the same problems, same issues, and then she gave up. Now she's almost 50 years old, and seemed to have got nothing but failures under her
belt, one after another. A rather depressing scene, isn't it?

Well, I went through her "personal energy pattern" with her, as with all my clients. Instantly I could see the gifts and blessings in her back yard, which she had completely forgotten and neglected. In fact, she had everything going for her, AND she had done all the preparatory work. She's committed to taking the next step, and go for her big dreams. I told her, as with most cases, the depression and low self-worth was a misconception, a nightmare from which she could awaken at any time. And, almost on the spot, in a finger snap, she realized that.

We met once a week for 3 weeks. By the end of the 3 weeks, I could see her depression evaporating like a puff of smoke, and her energy was rising, big time. She started doing exercises, felt a LOT more enthusiasm for life, and was ready to move on.
Long story short, about 3 months later, she was making money online, rapidly expanding her business on social media. Life is smiling on her - OMG, yes! ... A very happy story that is still unfolding. Now she's sharing business tips with me. And every time I think of her, I feel inspired by her experiences.

I've worked with enough women who've made this kind of stunning rapid turn-around that I know: miracles are immanent in the Digital Age, if we make the effort.

In almost every case, there are internal barriers, mental-emotional blockages that need to be removed. Then, almost instantly, there is a boost in almost all skill-sets. A closer connection with their Spirit, expanded communication with others via social media, internet, etc. Then their health improves, and they feel empowered and confident. Then they are making money through their business or sometimes getting new jobs.

A word of caution here: this is an on-going process. Just because you've made it through the first round doesn't mean there will be no problem in the second, or third ... Sometimes there can be complications.

But knowing that you can turn your negative situations around rapidly, now that is the ultimate self-empowerment, isn't it? When we can all do that, and help each other break through, this world will no longer be the same. It will be a place filled with Love, Peace and Light. Fear, worry, depression, anger ... all the junk cannot grow in a world of Love Peace & Light, where everyone feels safe and secure, peaceful and stress-free, where everyone gives their best, does their best, lives their best ... That is what I pray for. That is why I would
like to invite you to make a conscious shift to a great happiness and success.

Now here is my own story, the short version. About 4 years ago I voluntarily resigned from my comfort-zone job at Johns Hopkins University, because I felt restless. My inner knowingness, which I totally trust, had been prompting me for many years that it was time to move on. I knew it was going to be a big move for me, and prayed and prepared earnestly for several years. But, things didn't go the way I hoped for. Many unexpected things happened: broken promises, relationships traps, lies, betrayals, ... I was left stranded, in the middle of nowhere, and couldn't figure out whether it was me who went total cuckoo, or the universe that went upside down ...

So I decided to do some research and find out. After a few months of confusion, not-knowing what to do with myself, I started a project to interview women "who have emerged triumphant from severe challenges."
About 40 - 50 women responded, and the real interviews were conducted with about 30 women.

What I've found is I wasn't the only one who got hit by a "curveball." So many people have gone nuts, just like me, because we were clueless about what was happening. It's not just the job market, not just our relationships, not just our social media activities ... It's everything. Everything is changing, led by new technology and the "web."

Bit by Bit I started to see a larger picture that finally made sense to me. Now I know for sure I haven't gone nuts; I've just moved to the Digital Age :)

It's like immigration. When you first move to a new country or place (a lot better than your old place), everything looks odd, strange, new and fresh. If you want to be a happy camper in this new place, you need to learn its language, its culture, its traffic rules and regulations ... Yes, sometimes it can be overwhelming,
too much information for our mind-body system. But if you really want to take your happiness and success to the next level, this is the price you pay for the ticket.

Out of my own personal experience and my work with clients, I've discovered the skill-sets and how to use them to minimize the inevitable growing pains AND maximize the potential benefits that the Digital Age has to offer.

Now, even though I still run into challenging situations in my daily life, I am super uber excited to be alive in the day and age. It's not just my own personal life that's going to get multiple upgrades in the coming years, but the entire world, the entire humanity is moving on to a new stage, potentially a lot happier stage. What is the point of living a rich life if it is located in a poor neighborhood. All you are going to get is tough iron gates, guards, police car sirens, gun shots ... Is that safety? Is that security? Is that happiness?
Not for me. So, all I am saying is: we've got to make this world a happy place where we can all live without fear, without worry, without depression ... where everyone can breathe Love, Peace & Light, can experience relaxation and healing ... We need to clean up all the pain and stress accumulated in our bodies, minds and hearts. Otherwise, life cannot go on. Love, Peace & Light are necessities for all of us, every day in every way.

I feel the desire in every heart for a good life. I feel the soul purpose of every human being on earth: to give their best, to experience their best, to do their best, to live their best and to be their best. And I pray for an opportunity to help everyone I meet to achieve that goal.

I am deeply grateful for God and angels that have guided me, each and every step through my confusion. And I am deeply grateful for meeting you. Shake hands here :)

If you want me to help you break through your challenges, please email me and set up a free consultation. I can meet with you via skype or email or facebook chat, whatever suits you. In the attachment below, you can see what my previous clients have said about me.
Otherwise, I hope you find the information in this ebook useful. More discussions on living happy and healthy in the Digital Age will be in my weekly blog articles.

Let me know how you like this ebook. Do you find it useful, or do you have any question, suggestion, comment ... I look forward to hearing from you.

The Ego relies on brute force for strength.
The Great Spirit works in peace, through wisdom, compassion & understanding

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Love, Peace & Luminous Blessings,
Liping.

APPENDIX
What Others Say About Liping Feng, Ph.D.

Liping does an amazing job. She took the time to figure out where I was coming from and what my needs and wants were. The sessions brought out emotional baggage that I didn’t even know I had. At the end of each session I was left with a clear vision of what I needed to do. She asked me to do some serious thinking,
which helped me a lot. I am so thankful and grateful to Liping for all that she did. ~ Aarti P, New York.

Structure and guidance are what have been missing for me in my life, and this has felt like a huge piece of the knowledge I’ve needed. I can’t thank you enough Liping, for your guidance, unconditional love, and wisdom you’ve shared on how to take back my power. I know that having, and using all the tools you’ve given me – including Naam Yoga, will help me with the tasks at hand. ~ Michelle M., Flagstaff, Arizona

I was truly amazed at the entire process... Liping has given me a 100% renewed sense of hope and perspective on what has transpired in my life over the last seven years. Her insight, her compassion, her knowledge, her ability to communicate, and her intuitive gifts have surpassed anything than I could ever have imagined. She has answered for me any questions that I have had as to the “why?” It is because of my association with Liping that I am now able to move forward instead of standing still, that I am able to understand my own emotions which have remained a mystery for all this time, and that I am able to move in the direction of accomplishing my dreams. Liping, you are an amazing person and an outstanding professional in your field. Your talents are infinite and I am blessed, honored, and a better person having known you. With much love and gratitude, ~ Brenda Paul, Ontario, Canada

Liping’s assessments were very helpful and useful. I had fun filling in the forms and learned a lot about myself just by thinking about the questions. The kind of questions seemed very unusual for me for a personality assessment in the beginning but it was fascinating for me to see how they led to answers I had been looking for for ages. I found new ways to approach many issues.
Liping also recommended me certain techniques to work on my issues which feel very good. The whole process of the assessment, from the design of the forms to the subject matter and personal discussion was very professional. I loved the talks with Liping, with her warm and loving, friendly, helpful and open nature.
~ Kristina Albrecht, Germany

I had no idea what to expect from this program with Liping but it ended up being exactly what I needed! There is much more clarity now about how I feel about all sorts of aspects in my life. I finally feel that I can feel again. I feel more free! I will recommend this program to anyone who feels that something just isn’t right in his/her life, or someone who is just seeking more clarity. It’s remarkable what only a couple of consults with Liping can do. I am grateful that our paths crossed, and for all of the wonderful insights this program gave me. ~ Jolijn Feil, Netherlands

"I worked with Liping on my personal energy pattern, which allowed me to tune into myself and become more aware of how my personal energy affects me on a daily, weekly and annual basis. After becoming more aware of this, I know how to work with myself in a way that will produce more positive results. She has also worked with me to help me release a story I kept telling myself in my mind often unconsciously that was blocking me from moving forward in my life and take the necessary actions to make the changes I needed. She is able to see clearly into the issues that hold me back and guide me toward resolution. If I were to describe Liping in a few words: she is very knowledgeable, patient, able to pinpoint issues - see the needle in the haystack. " ~ Danielle P.

Liping helped me through a recent family crisis, and I cannot get over the wisdom, love and insight the lady
possesses! I feel so... understood. She could see stuff on so many levels. Amazing, she is! ~ Barbara Neafcy, Illinois

that is something I... felt very strongly with Liping -- that feeling of being "understood". I had the honor of working with Liping ... she is so caring, and somehow totally gets you. Liping is helping me these days...and I don't have words to tell you how wonderfully effective she is!! I'm loving working with you Liping. You are making me see things that I either cannot see, or things that are directly right in front of my eyes, but invisible. I'm truly thankful that we met for this work ~ Swati Nigam

Liping Feng is one of the most authentic professionals I have ever met. She lives what she teaches, and is inspiring in the way she balances her strong, focused energy with humility, grace, and warmth. Her emphasis is on helping people have a strong core and aligned heart, spirit, and perceptions in order to create the relationships and reality we want in life, career, and business. If you are willing to take a deep look at the foundations of how you live your life, and seek breakthrough insights and results, I can't think of a better person to guide you than Liping.
- Andrew Neitlich, Director, The Center for Executive Coaching

It is my pleasure to recommend Liping Feng and Sunlight Leadership to those seeking clarity in business and life. I had the opportunity to see Liping operate in various stress filled situations. She was impressive. Her direction was clear and on point. She has the tools and approach to help solve problems with elegance and ease.
Hugh McIlrevey, Profit Trend Partners, Sarasota, FL
Thank you for your generous loving help and guidance. Your coaching centers me, and allows me to see my strengths and weaknesses. That is very valuable. You seem to be able to intuit what’s going on with me without me saying it. Your words are always RIGHT on.
-- Jerri A. Maryland

Liping is foremost a compassionate person whose mission is to share her knowledge with others about the many layers of human behavior. Her style of presentation and interaction with others comes from her core: her spiritual center. Her genuineness is evident in her words, yet it is her Being that shines through that encapsulates her message of inspiration for others to better know themselves. She is a tiny woman with a huge heart. Ronald M. Shepard, MA

“Liping is a thought leader that helped me understand the interconnections between my inside world and outside world, and how to integrate the two for better interior and exterior peace and prosperity” Arc Samoisette, Executive Coach, Consultant

Liping Feng is a remarkable and compassionate soul coach. She creates a safe and nurturing environment for discovering your soul’s truth. ~ Denise Linn, Founder of International Institute of Soul Coaching.